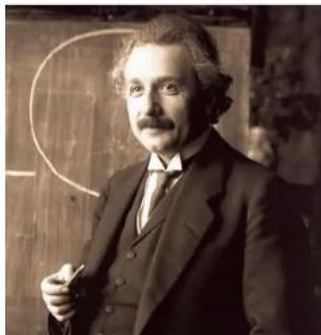


Dalijimasis patirtimi - žingsnis asmeninio ir profesinio meistriškumo link

Konferencija „Mokykla vaiko ateičiai“

Kristina Urbonienė
Šiaulių Juliaus Janonio anglų kalbos mokytoja
2021-11-16

Tobulas mokytojas – kas jis?

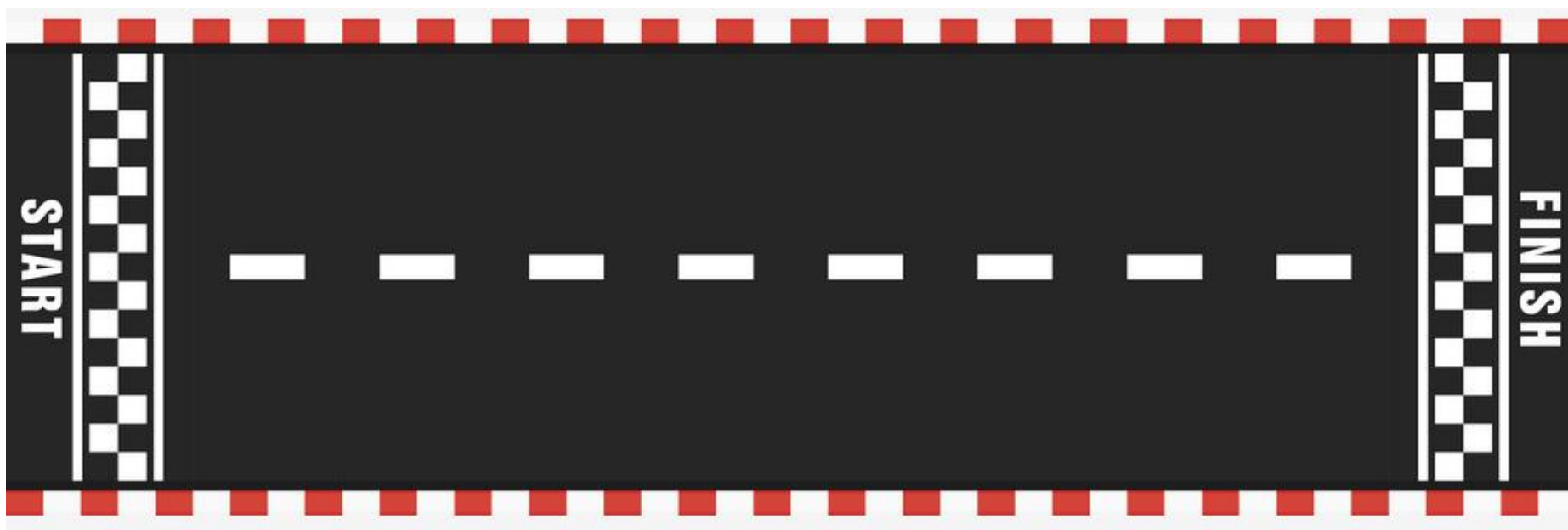


Kodėl reikia tobulėti?

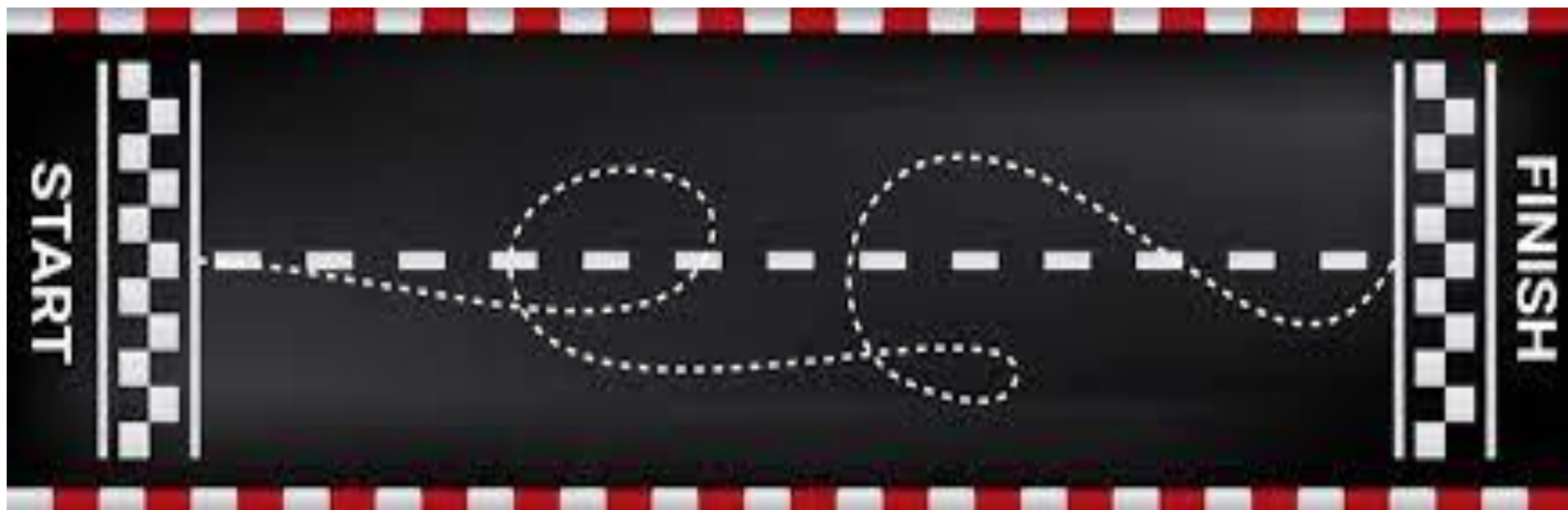
1. Viskas, kas turi vertę, turi būti tobulinama
2. Mokytojai neabejotinai kuria vertę visuomenėje
3. Tobulėjime, kad galėtume susidoroti su iššūkiais

Iššūkiai

- Mes nesitobuliname linijiniu būdu (nuo taško A iki taško Z)



<https://www.vectorstock.com/royalty-free-vector/race-track-with-start-and-finish-line-top-view-vector-24176674>



<https://stock.adobe.com/search?k=%22start+finish+line%22>

- Mūsų meistriškumas sąlygojamas konteksto



- Mes visi skirtingai reaguojame į pokyčius





Kaip tobulėti?



www.menti.com

Code **7304 2037**

<https://www.mentimeter.com/s/7494c7ac2ad7ed6d4886260c62c8a139/4cf5ef4611a7/edit>

Atviros pamokos (1)

The screenshot shows a Zoom meeting with 12 participants in a 4x3 grid. The participants are:

- Row 1: Austė Varpučianskytė, Kristina Urbonienė, Kamile Laniauskaite, Justina Galvičiūtė
- Row 2: Arjus Keras, Marija Liachauskaitė, Jorė Gelažytė, Samanta Valionytė
- Row 3: Lukrecija Balsytė, Gintautas Stankūnas, Vilius, Leonilė Kurkevičiūtė

The presentation slide at the bottom is titled "GROWTH MINDSET" and includes a brain diagram. It contains a survey titled "Based on this lesson, rate the following:" with a scale from "Strongly disagree" to "Strongly agree". The survey items are:

- I found this lesson useful.
- I listened and focused throughout the lesson.
- I feel that it is OK to make mistakes.
- I actively participated in group work.
- I now know the difference between the fixed and growth mindset.
- I feel I can ask questions if I don't understand something.

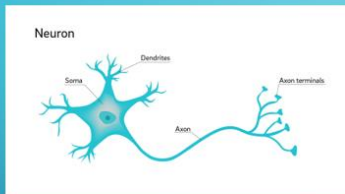
On the right side of the slide, there is a section titled "MY GROWTH MINDSET STATEMENTS" with a table:

INSTEAD OF:	I CAN SAY:
I am not good at this.	I am not good at this YET, but I will learn.
This is too hard.	This will require effort and testing the right strategy.
This is too easy.	How can I make this more challenging?
I can't do this.	I need some feedback and help from others.
This is good enough.	Is it my best work? Can I improve it?
I won't try because I might fail.	If I fail, I can try again until I succeed.
I am not as smart as my friend.	I am in charge of how smart I am because I can grow my brain by learning hard things.

Growth Mindset

Auganti mąstysena

YOUR AMAZING BRAIN GROWS AND CHANGES



THINGS I CAN CONTROL

- My goals
- Learning from my mistakes
- My effort
- Taking care of myself
- Who my friends are
- Asking for help
- My behavior
- Being kind

THINGS I CAN'T CONTROL

- What others say
- What others think
- Past mistakes
- Things I have to do
- Being sick
- The weather
- Others being kind

MY GROWTH MINDSET STATEMENTS

I can **CHANGE** my **MINDSET** with my **WORDS!**



INSTEAD OF:

I CAN SAY:



- | | |
|------------------------------------|--|
| • I am not good at this | • I am not good at this YET, but I will learn |
| • This is too hard | • This will require effort and finding the right strategy |
| • This is too easy | • How can I make this more challenging? |
| • I can't do this | • I need some feedback and help from others |
| • This is good enough | • Is it my best work? Can I improve it? |
| • I won't try because I might fail | • If I fail, I can try again until I succeed |
| • I am not as smart as my friend | • I am in charge of how smart I am because I can grow my brain by learning hard things |

Refleksija ir įsivertinimas (1)

Go to www.menti.com and use the code 9296 1373

Mentimeter

Based on this lesson, rate the following:

Strongly disagree

I found this lesson useful

4.8

I listened and focused throughout the lesson

4.7

I feel that it is OK to make mistakes

4.5

I actively participated in group work

4.4

I now know the difference between the fixed and growth mindset

4.7

I feel I can ask questions if I don't understand something

4.8

Strongly agree

Refleksija ir įsivertinimas (2)

Go to www.menti.com and use the code 9296 1373

How would you describe today's lesson? Write a word or post an emoji

Mentimeter

different
amazing
cool
interesting
intresting
productive
interesting as always
perfect i loved it
i loved it
thumbs up
star eyes emoji
sunglasses emoji
heart eyes emoji
neutral face emoji
smiling face with sunglasses emoji

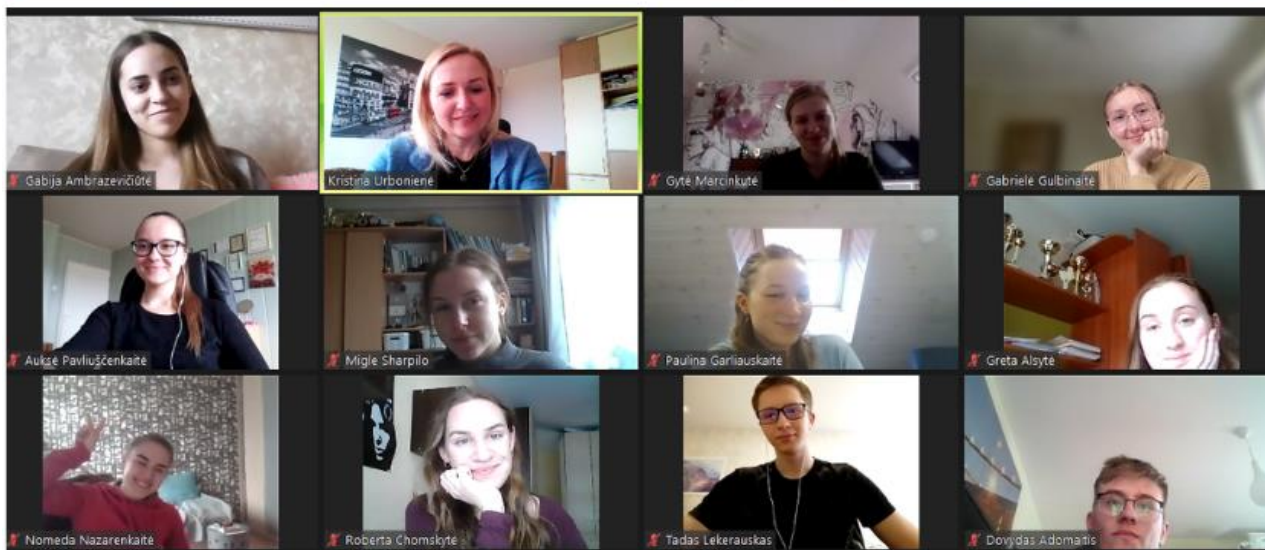
Atviros pamokos (2)



KOKYBĖS
KREPŠELIS

The Secret of Success

Setting my own goals



Being disciplined and able to sacrifice something. Continuous effort. Ability to tolerate between work and free time.

Intelligence

girl

IQ

Greta: Improve communication skills and be more disciplined. Gytė: stop living from my parents money. Miglė: to move out and have a clearer vision about the future.

1. The importance of hard work, motivation also knowing what you want to achieve in life is the main points of your aims and missions. Some people do not have that.

2. To finish school and major in my first subject. Also, to create your home. Travel. Have the most wonderful experiences in life.

What makes some people more successful than others?

What would you like to achieve when you are in your twenties?

1st, please to live, continuing higher education, new friends, maybe starting a family (in late twenties), getting a degree.

1. Extended effort, determination and passion for specific subject makes people more successful than others.

2. to study what we like.

Which words would you use to describe today's lesson?
Add an emoji that reflects your mood now

lovely
 fun
 motivational
 interesting
 informative
 useful
 crazy
 important



The Secret of Success

Sėkmės paslaptis



KOKYBĖS
KREPŠELIS

VOCABULARY Synonyms – achievement and difficulty

1a SPEAKING Work with a partner. Discuss the meaning of the words in bold, using the context to help you.

- 1 Studying for four whole weeks without a break was quite a **trial** and I was exhausted when it was over.
- 2 My first **obstacle** when I joined the band was persuading the other members to change the name.
- 3 It's a huge **undertaking** to train for a marathon – it takes a lot of time and commitment.
- 4 Jack was telling me about his incredible **exploits** when he was backpacking around Australia.

TEDEd

Discover Create Manage Support

YOUR LESSONS LIBRARY NOTIFICATIONS

All Activity

Viewed 1

Started 2

Completed 0

Drafts 1

Published 1

Create a Lesson



8,870,506 Views

Started 5/03/2021
Grit: the power of passion and perseverance - Angela



221,831 Views

Started 5/02/2021
Growth Mindset vs Fixed Mindset: An Introduction

QuizletPlus Home Explanations Your library Create

Achievement and difficulty

IN-CLASS

Live

STUDY

Flashcards

Learn

Write

Spell

Test

Match

an accomplishment (n)

Reading

NINA'S BLOG

New Posts

About

Archives

Subscribe

SEARCH

Setting my own goals

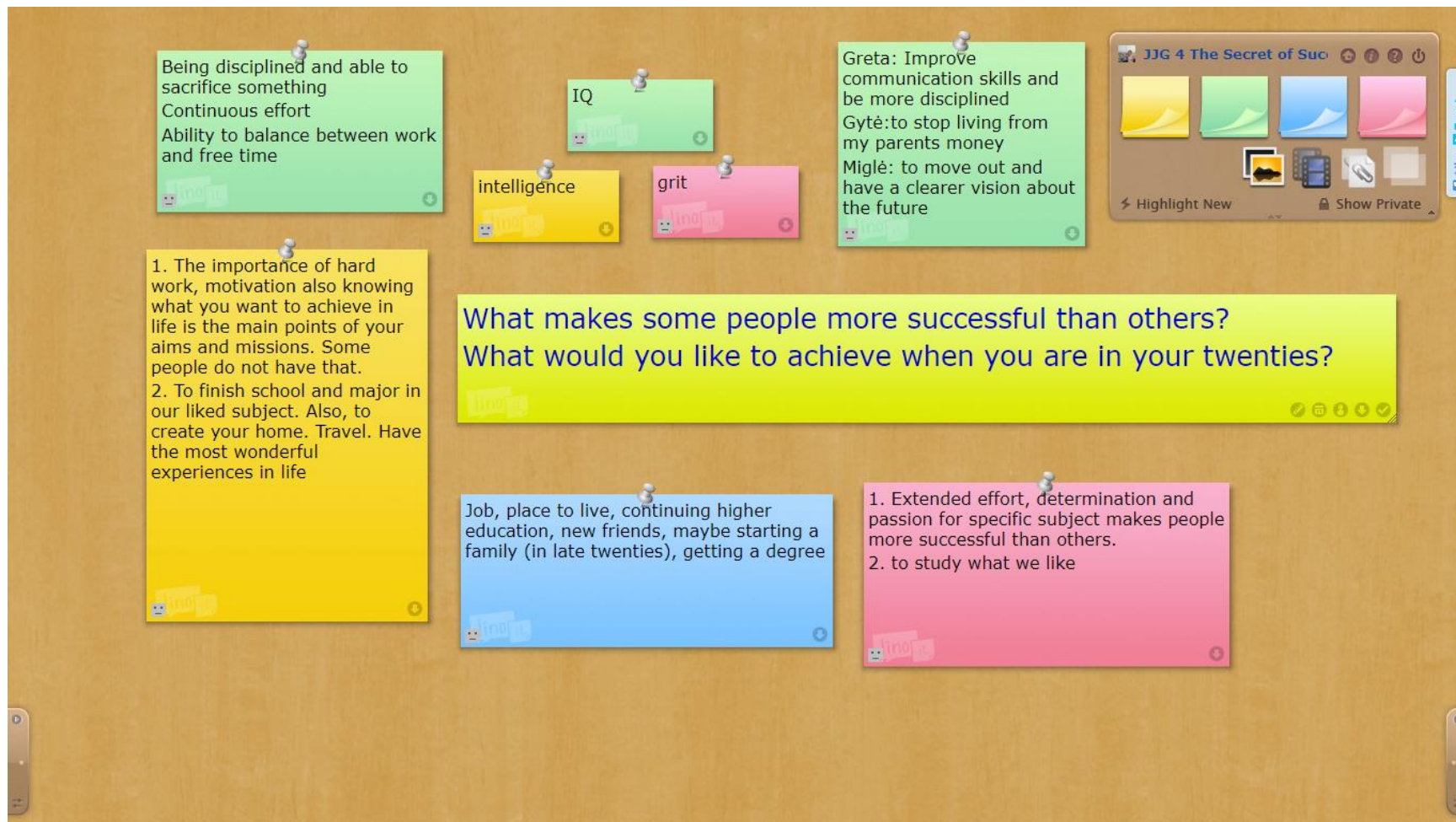
Posted 23rd September

'Nina wins gold in championship!', 'Best first novel prize goes to young Brit Nina Goulding!', 'No surprise that Nina G takes home Best Female Solo Artist award.' These are the kind of accolades I fantasise about. They could be for sport, the arts, any scientific discipline – I'm not fussed. But the chances of turning my daydreams into actual achievements are remote. I'm just not sure I'm made of tough enough stuff. For example, I've been meaning to start a new cycling-to-school routine for the last six months, ever since I was lucky enough to get a 30-gear road bike for my birthday. However, the thought of trying to anticipate the unpredictable moves of city centre drivers, circumvent roadworks, and dodge random holes in the tarmac all feels like too much of an ordeal. So as I was taking the bus to my friend's house last week, sitting on a comfortably upholstered seat as opposed to a rigid, triangular

Not all achievements need an element of adventure, however. A case in point would be the project of three Irish girls: Sophie Healy-Thow, Emer Hickey and Clara Judge. Quietly working from their bedrooms, the teens carried out experiments on over 13,000 seeds to find out how to improve food production in countries affected by famine. While we should not discount the fact that they started this project when they were 13, what is truly remarkable is that they persevered with it for three years, dutifully recording their data until they discovered a particular type of bacteria that will help crops to germinate faster. The consequences of their achievement will be far-reaching. Indeed, judges at the annual Google Science Fair in California presented them with the Global Science Award last month.

Iveskite čia, ko ieškoti

Apibendrinimas



Being disciplined and able to sacrifice something
Continuous effort
Ability to balance between work and free time

IQ

intelligence

grit

Greta: Improve communication skills and be more disciplined
Gytė: to stop living from my parents money
Miglė: to move out and have a clearer vision about the future

JJG 4 The Secret of Suc

Highlight New

Show Private

Like Tweet

1. The importance of hard work, motivation also knowing what you want to achieve in life is the main points of your aims and missions. Some people do not have that.
2. To finish school and major in our liked subject. Also, to create your home. Travel. Have the most wonderful experiences in life

What makes some people more successful than others?
What would you like to achieve when you are in your twenties?

Job, place to live, continuing higher education, new friends, maybe starting a family (in late twenties), getting a degree

1. Extended effort, determination and passion for specific subject makes people more successful than others.
2. to study what we like



KOKYBĖS
KREPŠELIS

Praktinis užsiėmimas

KAIP MOKYTI IR MOKYTIS SU MALONUMU?

Kristina Urbonienė

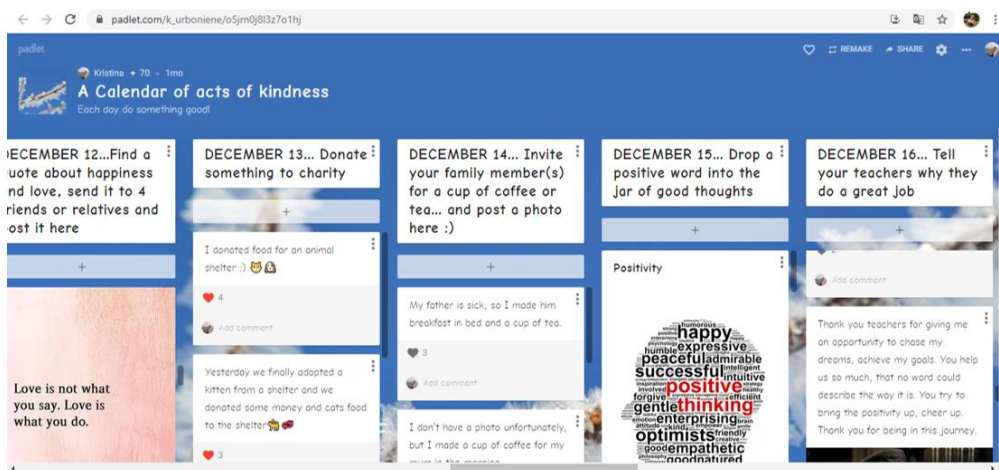
2021-04-08

Mokytojų patirties sklaidos diena „Kolega kolegai“ Šiaulių m. „Juventos“ progimnazijoje





PADLET



Ką supratau?

- Mokymasis niekada nenutrūksta
- Tai, kas kelia pyktį ir baimę, gali jaudinti ir verčia priimti iššūkius
- Svarbiausia, kad net ir prabėgus daug laiko vis dar „rūpėtų“
- Reikia „švęsti“ mažas pergales
- Mokiniai mielai įsitraukia į įvairias veiklas, jeigu jie yra laisvi kurti, išreikšti save
- NIEKADA negalima prarasti humoro jausmo!

???



<https://www.franksonnenbergonline.com/blog/how-to-create-a-win-win-relationship/>



WIN - WIN



win-win adjective



\ 'win-'win , - ,win \

Definition of *win-win*

: advantageous or satisfactory to all parties involved

// a win-win situation

// a win-win deal

win-win

adjective [before noun]

UK / ,wɪn'wɪn/ US / ,wɪn'wɪn/

A win-win situation or result is one that is good for everyone who is involved:

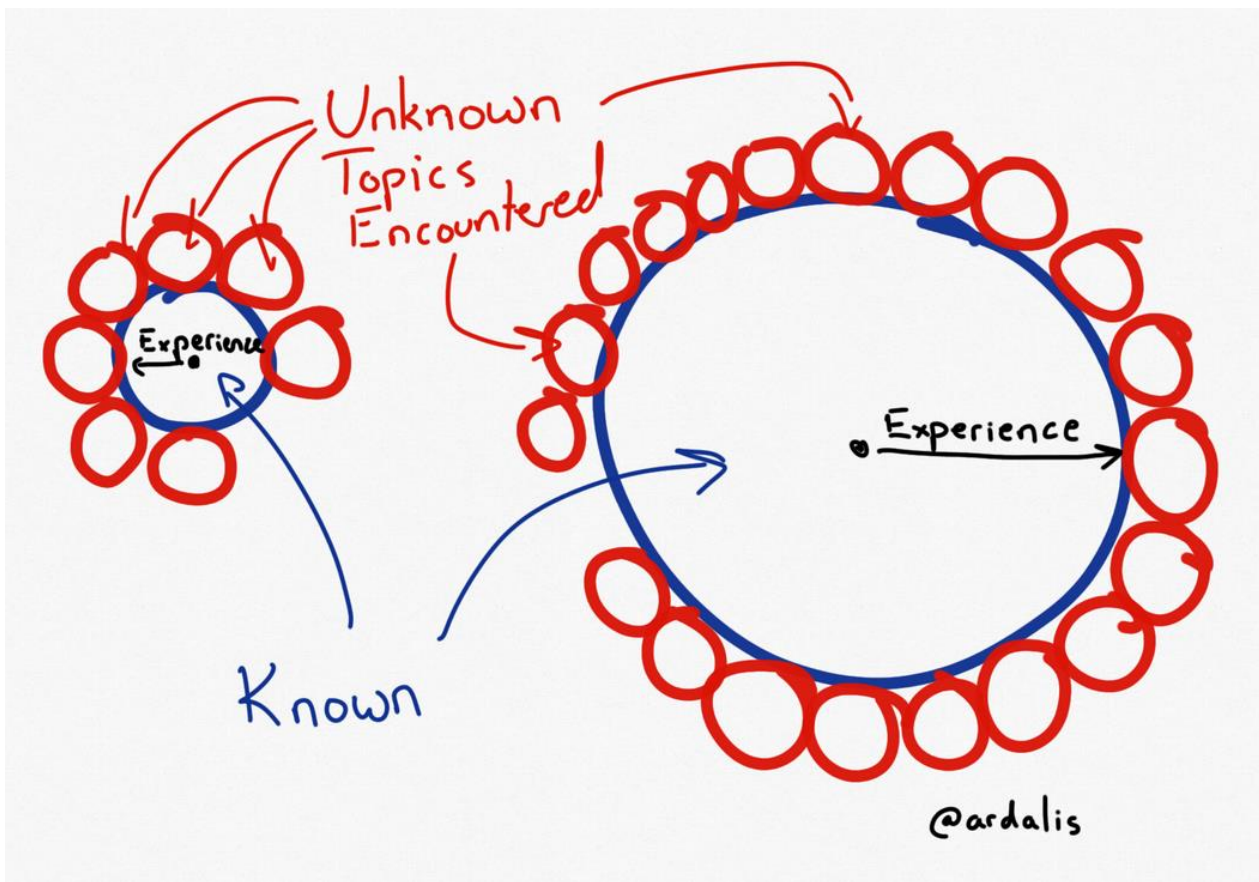
- *Flexible working hours are a win-win situation for employers and employees.*
- *Supporters of globalization assert that it is a win-win proposition for the rich and the poor.*



1 pav. Tradicinės derybų strategijos

Šaltinis: Schawarz R. ir A. Peutsch (2001)

Kuo daugiau žinai, tuo labiau suvoki, kad dar daugiau nežinai (Aristotelis)

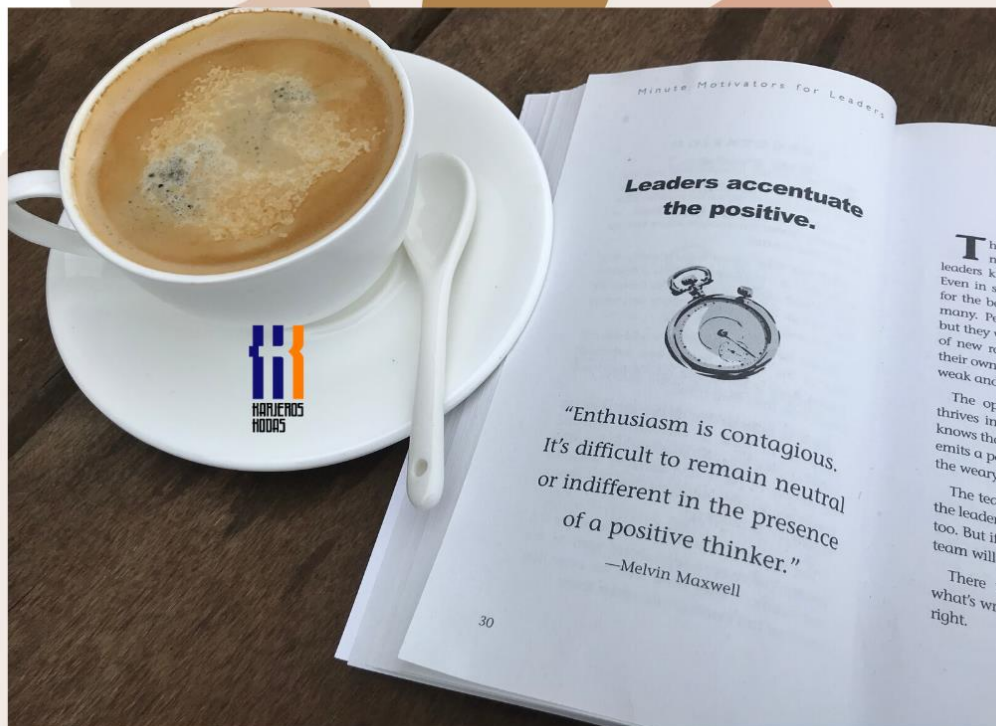


Mokykla – geriausia vieta augti ir tobulėti

Schools can't become
the best places for students
to learn and grow
unless we make them
the best places for teachers
to work and grow.

Julie Hasson

Ačiū už dėmesį!



ENTUZIAZMAS yra užkrečiantis.
Neįmanoma išlikti neutraliu ar abejingu, kai šalia -
pozityviai mąstantis...